

Rum & Coca Cola

(a.k.a. Cowboy Mambo)

Choreographed by Hedy McAdams

Description: 48 count, 4 wall, beginner/intermediate line dance

Music: Cowboy Mambo by Tom Russell



Dance with Norm

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Start dancing on lyrics

SIDE, HOLD, CROSS, HOLD, SIDE-CROSS-SIDE, HOLD

1-4 Step right to side, hold, Cross left over right, hold

5-8 Step right to side, Cross left over right, Step right to side, hold

SIDE, HOLD, CROSS, HOLD, SIDE-CROSS-SIDE, HOLD

1-4 Step left to left (and slightly back), hold, Cross right over left, hold

5-8 Step left to side, Cross right over left, Turn ¼ left (9:00) and step forward on left, hold

STEP, PIVOT, STEP, PIVOT, RIGHT, LOCK, RIGHT, HOLD

1-4 Step right toe forward, Pushing with right pivot ¼ left (6:00) on left, Step right toe forward, Pushing with right pivot ¼ left (3:00) on left

5-8 Step forward on right (angle body slightly left), Lock left behind right, Step right forward, hold

Use hips in a circular motion to the left to "round out" the pivots for counts 1-4

STEP, PIVOT, STEP, PIVOT, LEFT, LOCK, LEFT, HOLD

1-4 Step left toe forward, Pushing with left pivot ¼ right (6:00) on right, Step left toe forward, Pushing with left pivot ¼ right (9:00) on right

5-8 Step forward on left (angle body slightly right), Lock right behind left, Step left forward, hold

Use hips in a circular motion to the right to "round out" the pivots for counts 1-4

CROSS, HOLD, STEP, HOLD, RIGHT, CROSS, RIGHT, CROSS

1-4 Cross right over left (with wide swing of right foot), hold, Step left back, hold

5-8 Step right on a diagonal back/right, Cross left over right (progressing back/right on diagonal), Step right on a diagonal back/right, Cross left over right (continue diagonal progression)

ROCK, HOLD, RECOVER, HOLD, STEP, HOLD, PIVOT, HOLD

1-4 Rock step back on right (opts: lean right shoulder back/right on diagonal - may lift left leg if it feels good), hold, Step left forward, hold

5-8 Step forward on right (lean forward), hold, Pivot body ½ left (3:00) (in place) and shift weight left, Hold

REPEAT